CHAPTER FOUR

CODE LETTER I: INVEST IN HELP

If you can’t delegate effectively, you can’t fulfill your potential. Invest in help, whether it be small and mighty, or big and powerful. People who accomplish more and consistently feel good about what they get done, use their time and resources in the most effective way possible to get the maximum leverage.

That’s just a fancy way of saying: “If you want to feel valued and really awesome at the end of each day, get the support you need to get you there.”

Mules (Mridu’s Rules) For Living To Your Potential
Don’t move on to the next Chapter before going through the next short exercise:
List 3 specific tasks you know you should be getting help with or delegating entirely. (This can be personal or professional).

1. _________________________________________________________________________
2. _________________________________________________________________________
3. _________________________________________________________________________

Now pick one of them and commit to your immediate next steps to make it happen.

1. _________________________________________________________________________
2. _________________________________________________________________________
3. _________________________________________________________________________